

MAY 2006

DIRECTOR'S CORNER

**Income Eligibility Forms-
IEF's**

It is that time of year again to fill out income eligibility forms for claiming your own children or for Tier II homes to qualify at tier I. Please return the forms to...

**Heartland Family Service
Attn: Tammy J. Green
6720 North 30th Street
Omaha, NE 68112**

Enclosed in this months mailing are your forms with self-addressed envelopes to return IEF forms. If you need to request additional packets, please contact Tammy @ 457-7766.

These take effect July 1, 2006-June 30, 2007. Your current Income Eligibility is good for one year so it is important to fill one out if you wish to remain at your current eligibility or would like to see if you qualify for Tier I.

On-Line Claimers-

- Please remember to submit child enrollment forms for children you add.
- Submit a blue notes/drop sheet for children you are dropping from the program.

**Call When You Will Be Out of
the Daycare During a
Mealtime.**

As the days are getting warmer please remember to let us know when you will be away from your daycare home. The USDA requires that Sponsors be notified when you will be away during a meal visit. We rely on the information you provide us when coming for a visit so if your meal times have changed please let us know.



If you have regularly scheduled days for field trips, please provide us with a schedule.

**WELCOME
NEW PROVIDERS**

- Tamika Valentine
- Angela Poston
- Susie Matthews
- Sharon McCray



CHECK DAY DATES!

June 20th

NEWSLETTER WINNERS!

(Please read your newsletter and mail back the "Provider's Blog" and you are enter in a drawing to receive a \$25 gift Certificate from Wal-Mart)

Sharon Luther- \$25 Wal-Mart Gift Certificate!

**REMINDER- CLAIMS
ARE DUE BY THE 4TH
OF EVERY MONTH!**

**LATE CLAIMS ARE
PAID THE
FOLLOWING MONTH
AS LONG AS THEY
ARRIVE THE LAST
DAY OF THE
REPORTING MONTH.**



Creating Healthy Kids

Training Opportunities!

All 2006 workshops (except December) will be 3rd Thursday of the month, 6:30-8:30. Workshops are free to members, \$5 non-members. All trainings are held at 6720 North 30th St. unless otherwise noted.

June 15 – Celebrating Families

6:30-8:30 PM @ 6720 North 30th St.

June 17th - CPR & First Aid Training

2101 S. 42nd St.- 8:00 AM-1:30 PM

Cost: \$50 for both

CPR- \$40 & First Aid- \$20

Upcoming Events...

Friday July 21st—Provider's Day Out

Place- 6720 North 30th Street

Time- 10:00AM-1:00 PM

Featuring:

- Carnival for the Kids
- 2 Training hours- Providers

Lunch is provided for Daycare children and Providers.

Contact- Tammy @ 457-7766

COOKBOOK

Home Made Corn Chips

- 2/3 cup of corn meal
- ½ teaspoon of Salt
- 1 3/4 Cup of Boiling Water
- 1 Teaspoon of Margarine
- 1/4 cup chopped nuts

Directions

1. Preheat the oven to 425 degree F. Lightly coat baking sheet with margarine or shortening.
2. Mix corn meal, salt, 1 cup of boiling water and margarine.
3. Add ¾ cup of boiling water. The Mixture will be thin.
4. Grease a cookie sheet with margarine or shortening. Put teaspoon amounts of mixture on the cookie sheet. They will spread to ½ dollar size.
3. Bake 12 to 15 minutes until lightly browned.

Credit: Donna Miller- Daycare Provider

Food & Water Safety During Adverse Weather

Be Prepared

Make sure you have appliance thermometers in your refrigerator and freezer. An appliance thermometer will indicate the temperature in the refrigerator and freezer in case of a power outage and help you determine if the food is safe.

- Make sure the freezer is at or below 0° F and the refrigerator is at or below 40° F.
- Freeze containers of water for ice to help keep food cold in the freezer, refrigerator, or coolers after the power is out. If your normal water supply is contaminated or unavailable, the melting ice will supply drinking water.
- Freeze refrigerated items such as leftovers, milk, and fresh meat and poultry that you may not need immediately. This helps keep them at a safe temperature longer.
- Group food together in a freezer. This helps the food stay cold longer.
- Have coolers on hand to keep refrigerator food cold if the power will be out for more than 4 hours. Purchase or make ice cubes and store in the freezer

for use in the refrigerator or in a cooler. Freeze gel packs ahead of time for use in coolers.

- Plan ahead and know where dry ice and block ice can be purchased.
- Store food on shelves that will be safely out of the way of contaminated water in case of flooding.
- Make sure to have a supply of bottled water stored where it will be as safe as possible from flooding...

When Flooding Occurs Water Safety

- Use bottled water that has not been exposed to flood waters if it is available.
- If you don't have bottled water, you should boil water to make it safe. Boiling water will kill most types of disease-causing organisms that may be present. If the water is cloudy, filter it through clean cloths or allow it to settle, and draw off the clear water for

boiling. Boil the water for one minute, let it cool, and store it in clean containers with covers.

- If you can't boil water, you can disinfect it using household bleach. Bleach will kill some, but not all, types of disease-causing organisms that may be in the water. If the water is cloudy, filter it through clean cloths or allow it to settle, and draw off the clear water for disinfection. Add 1/8 teaspoon (or 8 drops) of regular, unscented, liquid household bleach for each gallon of water, stir it well and let it stand for 30 minutes before you use it..

PROVIDER'S BLOG

Thank you for your suggestions. We are willing to use any comments that would improve our customer service, remaining within CACFP guidelines and our budget. This is one of the ways to do just that, and help make your job easier. Remember to Sign & Return this page to be entered into the Wal-Mart Certificate drawing.

Question- (We can't always Print everyone's response so we tried to get a good balance)

"How do you handle parents who don't pay you on time? (Repeatedly)"

- Most effective way to handle it is a **CONTRACT** and a **LATE FEE** normally \$5 or \$10.
- I Schedule payment for each Friday for the following week. (I deposit after 4 PM so they post on Monday) A \$5 late fee is charge for each day payment is late. If they pay Monday morning @ drop-off, I wave the fee. If parents talk to mea w/ a special arrangement, I work with them.
- Have your parents pay in advance for the following week. If they do not pay, let them know you can no longer watch their children.
- Set up a weekly payment plan so they don't get behind. Let them know how much is due at the end of the week.
- Privately ask the parent if they can pay. Set up a temporary payment plan (if you can.) If they write bad checks, they charge them the service fee. It is not worth being upset about because children pick-up on this kind of problem quickly and could stress out as well.
- My parents pay 2 weeks in advance. I also have a daily Sign In & Out sheet that that I write in bold black marker, " PAYMENT DUE FRIDAY." I never have late payments.
- We have a deposit system. When parents enroll their children, they pay a deposit according to how often they will be paying: For Example- If parent pays Once a week, then 1 week deposit is received. When they have paid on time for 3-6 months, I will return the deposit

THIS MONTH'S QUESTION-

How do you get picky eaters to eat?!?!?

Signature

TID BITS OF INFORMATION

SARAH O'REILLY- 891-8420

- Day care provider in the business for 9 years is having a sale the weekend of May 26-27th.

SOME OF THE ITEMS FOR SALE!

Swing Set- \$50	Log Cabin- \$50
Plastic Picnic Table- \$20	Two High Chairs- \$20 each
Two battery operated Infant Swings- \$10 each	Wooden Changing Table- \$35
Plastic Slide- \$10	Pack & Play- \$15
White 3 Drawer Dresser- \$20	Excersaucer- \$10
Infant/Toddler- Exersaucer- \$15	Stroller- \$20
Kitchen Set- \$10	Play Make-Up Table w/chair- \$10
Foam Puzzle Piece Alphabet Mat- \$10	
Tons of items too numerous to mention- These are just the big items. <i>I am open from 7:30-5:30 Monday thru Friday but feel free to call me to arrange a time to come and look at the items.</i>	

Assistance

Care Connection Referral Service 552-7000

Resource Center 457-7769

Family Service website www.heartlandfamilyservice.org

Online claiming www.cacfp-online.org

To ask for an Employer ID number, 1-866-829-4933 or log on to www.irs.gov Ask for form SS4.

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